



CATES
CONSULTING GROUP

Where Medical Intelligence Strengthens Legal Strategy

Emergency Preparedness Car Checklist

(List may differ depending on what part of the country where you live)

- Mask, hand sanitizer, disinfectant wipes
- Blanket, coat, jacket, poncho, gloves, waterproof boots, socks, shoe chains
- Bottled water & non-perishable snacks (with protein)
- Scent-free baby wipes, toilet paper, Kleenex, paper towels (choice of mix)
- Extra cell phone charger and phone charger (ex. Halo), (Independent of car charger)
- Flashlight & extra batteries (fresh)
- First aid kit containing bug spray & sunscreen
- Road hazard kit (usually contains flares, blanket, flashlight, etc.)
- Matches, lighter, & tinder
- Multipurpose tool, window glass breaking tool (ex. Lifehammer brand) also cuts seatbelts
- Tarp, duct tape, rags
- Ice scraper, cat litter (for slick roads)
- Battery charger/jump box, jumper cables
- Spare tire, jack & lug wrench, chains
- Oil, antifreeze, & brake fluid
- Radio (hand crank or battery-operated with extra batteries)
- Pen, paper & book,
- _____

How to Pack Your Emergency Kit

Once You've chosen what to include in your Emergency Kit, we suggest you use a clear plastic container with a lid large enough to contain the items to keep them well-organized. Place items inside in a tidy manner, preferably in a single layer so they are easy to see and grab. Create an itemized list and tape it to the outside of the box (or inside with words facing out). Be sure to replace anything that expires or gets used up. Keep food items separated from oil, gas, brake fluid, etc.

Some of above list gathered from <https://www.dmv.org/how-to-guides/emergency-kit.php>